



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

United Mental Health Promoters

The United Mental Health Promoters of Los Angeles County provide educational workshops to individuals and families seeking needed resources on prevention and early intervention in mental health. The promoter is not a clinician or psychiatrist, and for this reason, he/she cannot state his or her opinion on psychological treatment or medications.

Curtis R. Tucker Health Center and United Promoters of Mental Health invite you to participate in the following
Free virtual workshops that will be on [Microsoft Teams](#)

09/07/22 – Anxiety Disorders
09/14/22 – Symptoms & Treatments of Depression
09/21/22 – Mental Health & Stigma
09/28/22 – Immigration, Adaptation, and Resilience
10/05/22 – Emotional Health and the Brain:
The Effect of Covid-19
10/12/22 – Stages of Grief and Loss
10/19/22 – Suicide Prevention
10/26/22 – Drug and Alcohol Prevention
11/02/22 – Familial Violence Prevention
11/09/22 – Child Abuse Prevention
11/16/22 – Childhood Disorders:
Neurodevelopmental Disorders
11/23/22 – Childhood Disorders: Anxiety and
Emotional Disorders
11/30/22 – Childhood Disorders: Other Disorders

When: Wednesdays

Time: 11:00 a.m. –12:00 p.m.

[Click Here to Join the Microsoft TEAMS meeting](#)

Or dial (audio only)

One tap mobile

[\(323\)776-6996,933248380#](tel:(323)776-6996,933248380#)

Teleconference: (323)776-6996

Phone Conference ID#: 933 248 380#

Facilitator: Mercy Aguirre

MeAguirre@dmh.lacounty.gov

(424)240-8057



To coordinate a workshop or for more information regarding the Promoters Program, please contact:

Maria Zuniga, LCSW
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Phone: (223) 264-4564

Norma Ruiz
SA8 Community Health Worker
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